

SWIM LESSON TRANSITION CHART | WINTER 2023

Starting January 1, 2023, the District of West Vancouver will transition from the *Canadian Red Cross Swim Kids* program to the *Lifesaving Society's Swim for Life* program for Winter 2023 lessons. This transition will not affect Fall 2022 swimming lessons.

The lesson conversion charts show which **Lifesaving Society Swim for Life program** swimmers will move into, based on their current or previous **Red Cross Swim Kids programs**.

If you have any questions, please contact: **Emily Jones, Aquatic Program Coordinator**
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PARENT & TOT PROGRAMS

FROM WEST VANCOUVER SWIM PRESCHOOL	TO SWIM FOR LIFE - PRESCHOOL LEARN TO SWIM	AGE
Parent & Tots 1	Jellyfish (Parent & Tot 1)	4 - 12 MONTHS
Parent & Tots 2	Goldfish (Parent & Tot 2)	12 - 24 MONTHS
Parent & Ducks	Seahorse (Parent & Tot 3)	2 - 3 YEARS

PRESCHOOL PROGRAMS

FROM WEST VAN SWIM PRESCHOOL	TO SWIM FOR LIFE - PRE-SCHOOL LEARN TO SWIM	AGE
Ducks	Seahorse (Unparented Tot 3)	2 - 3 YEARS
Jellyfish	Seahorse (Unparented Tot 3)	
Minnows	Octopus (Preschool 1) - if Minnows incomplete	3 - 5 YEARS
	Crab (Preschool 2) - if Minnows complete	
Guppies	Crab (Preschool 2) - if Guppies incomplete	
	Orca (Preschool 3) - if Guppies complete	
Seahorses	Orca (Preschool 3) - if Seahorses incomplete	
	Sea Lion (Preschool 4) - if Seahorses complete	
Seals	Octopus (Preschool 1) - if Seals incomplete	
	Crab (Preschool 2) - if Seals complete	
Dolphins	Orca (Preschool 3) - if Dolphins incomplete	
	Sea Lion (Preschool 4) - if Dolphins complete	
Killerwhales & Sharks	Sea Lion (Preschool 4) - if Killerwhales/Sharks incomplete	
	Narwhal (Preschool 5) - if Killerwhales/Sharks complete	
Ogopogo & Barracudas	Narwhal (Preschool 5) - if Ogopogo/Barracudas incomplete Swimmer Level 1 or 2 (if 6 years old)	

SCHOOL AGE SWIM PROGRAMS

FROM RED CROSS SWIM KIDS	TO SWIM FOR LIFE - SWIMMER	AGE
Swim Kids 1	Swimmer 1 - if Swim Kids 1 incomplete	6 - 12 YEARS SWIMMER 1 - 6
	Swimmer 2 - if Swim Kids 1 complete	
Swim Kids 2	Swimmer 2 - if Swim Kids 2 incomplete	
	Swimmer 3 - if Swim Kids 2 complete	
Swim Kids 3	Swimmer 3 - if Swim Kids 3 incomplete or complete	
Swim Kids 4	Swimmer 4 - if Swim Kids 4 incomplete or complete	
Swim Kids 5	Swimmer 4 - if Swim Kids 5 incomplete	
	Swimmer 5 - if Swim Kids 5 complete	
Swim Kids 6	Swimmer 5 - if Swim Kids 6 incomplete	
	Swimmer 6 - if Swim Kids 6 complete	
Swim Kids 7	Swimmer 6 - if Swim Kids 7 incomplete	
	Swimmer 7 (Rookie Patrol) - if Swim Kids 7 complete	
Swim Kids 8	Swimmer 7 (Rookie Patrol) - if Swim Kids 8 incomplete	8 - 12 YEARS SWIMMER 7 - 9 (PATROL PROGRAMS)
	Swimmer 8 (Ranger Patrol) - if Swim Kids 8 complete	
Swim Kids 9	Swimmer 8 (Ranger Patrol) - if Swim Kids 9 incomplete	
	Swimmer 9 (Star Patrol) - if Swim Kids 9 complete	
Swim Kids 10	Swimmer 9 (Star Patrol) - if Swim Kids 10 incomplete	
	Go through Patrol programs or Bronze programs	