



North Shore Seniors' Health Expo

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BC Seniors Advocate

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OFFICE OF THE
SENIORS ADVOCATE
BRITISH COLUMBIA

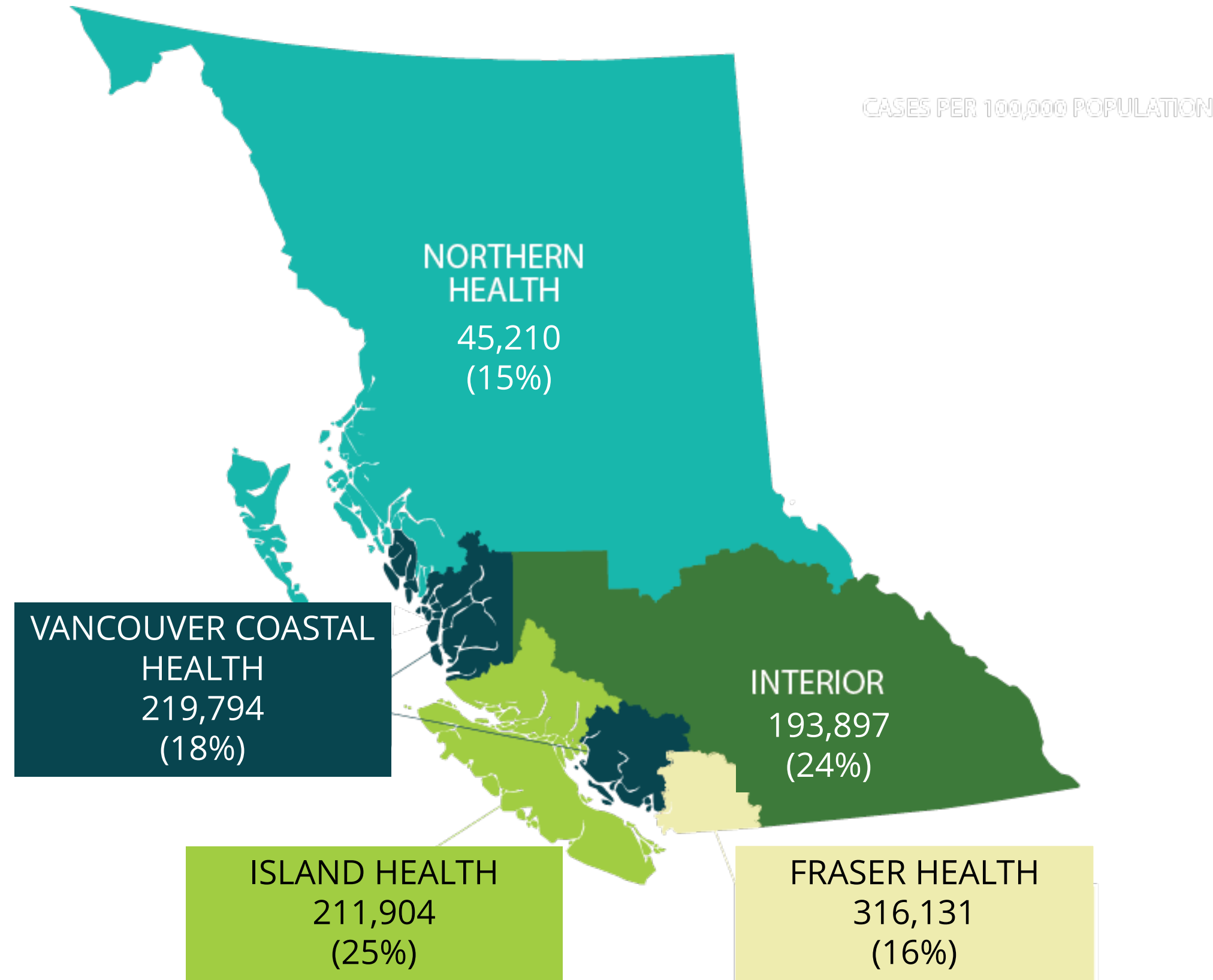
Snapshot of B.C. Seniors

2023

1,016,365
seniors in B.C.

20% of the population

5,000,880
total population



Snapshot of B.C. Seniors



95% aged 65+ live independently

- **77%** aged 85+



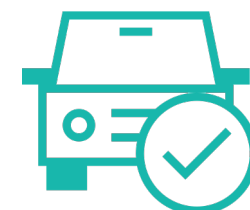
14% are employed

41% are volunteers



9% aged 85+ live in assisted living

13% aged 85+ live in long-term care



88% have driver's license at age 65

- **58%** at age 85
- **40%** aged 85+



80% aged 65+ are homeowners



6% aged 65+ diagnosed with dementia

- **3%** aged 65-84
- **20%** aged 85+



What do we need to age in place?

- **Housing:** Accessible and affordable
- **Help:** Chores and personal care
- **Health care:** Access to physicians, medication, etc.
- **Aids to daily living:** Equipment, hearing aids, eyeglasses, etc.
- **Transportation**
- **Socialization**
- **Sufficient income**



Challenges



- **Affordability**
 - Median income is \$34,000
 - Rent
 - Health care costs
- **Fragmented systems**
- **Rural vs urban**
- **Ageism**



Seniors - Not all the same



“Judy”



“Lois”

Seniors – Not all the same



“Judy”



“Lois”

The right to live with risk



Who is a senior? Noun vs adjective

SENIOR (*Noun*): a person **65 years** of age or older

SENIOR (*Adjective*): a person with **higher standing, rank or authority**



I'm an
adjective,
not a noun!



Contact

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